

Your first 72 hours at home

Hospital-to-home checklist | Genitori al Sicuro

Before leaving hospital

- I have the discharge summary and current prescriptions.
- I know who to call and have asked about urgent warning signs.
- I know which follow-ups are booked and which need arranging.
- I have clarified transport, home support and equipment.

First 24 hours

- Someone is there on arrival and understands the plan.
- Documents, contacts and instructions are kept together.
- Medicines: follow prescriptions only; ask about uncertainties.
- Home: clear paths, lighting, phone and essentials within reach.

Hours 48-72

- Follow-ups, transport and agreed support are confirmed.
- Tasks are assigned and uncovered periods are identified.
- Questions and observations are recorded with dates and times.

Main contact / phone

A handover someone else can use

Keep this page with the discharge instructions.

Parent / updated on

Care team / after-hours contact

Next appointment / transport

Task / responsible person / backup

Questions to ask / date and time

Where documents and instructions are kept